



PRODUCT INFORMATION
POLAR CS500 TOUR DE FRANCE



POLAR®
LISTEN TO YOUR BODY

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Polar has been in close partnership with top pro cycling teams for more than ten years already. Now, Polar will celebrate the 98th Tour de France – the most recognized cycling event in the world – by launching a limited edition of the CS500 cycling computer.

Polar is the only brand in cooperation with the Tour de France in heart rate monitoring category.

CS500 contains a wide range of features that help demanding cyclists stay fully in control of their performance while training. With unique rocker switch operation, oversized display and reliable bike mount, the CS500 allows effortless operation even at high speeds. CS500 Tour de France comes with extended memory capacity which is extremely useful when the rider uses compatible power accessories.

The stunning appearance with the new color design and aerodynamic diamond shape help ensure CS500 stands out on the road. After the ride, the rider can get even more cycling-specific information via the online training diary at polarpersonaltrainer.com. With the CS500, you can ride like a pro.

Due to the nature of products, colours, and designs may have slight variations.



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MAIN FEATURES

EXTENDED MEMORY CAPACITY

CS500 Tour de France comes with extended memory capacity which has been doubled compared to the previous version of the CS500. If the product is used with a Polar Power Output Sensor W.I.N.D. or Polar LOOK Kéo Power pedals, the memory recording rate is automatically set to 1 second to ensure adequate accuracy of the training data.

OVERSIZED DISPLAY

The oversized display guarantees visibility of your training data in all conditions, improving your safety. Bigger size allows more data on the screen and ensures better display readability while the flat lens minimizes disturbing reflections in direct sunlight.

ROCKER SWITCH

With a 2-way rocker switch, it's quick and safe to control your cycling computer even at high speeds. You can operate your cycling computer simply by gently touching the left or right side of the handlebar unit. The advanced double pivot gives an extremely light and sensible button feel.



DUAL LOCK BIKE MOUNT

The Dual Lock Bike Mount is the most advanced bike mount on the market. It's easy to install and can be mounted on the stem or handlebar. Bike mount's precise metal parts guarantee firm attachment for the cycling computer, allowing even cross-country cycling.

W.I.N.D. TECHNOLOGY

The reliable 2.4 GHz W.I.N.D. technology guarantees disturbance-free data communication. Its coded heart rate transmission prevents cross-talk between cycling computers, so you can be sure you'll get your heart rate and not your training buddy's. W.I.N.D. technology also gives longer range for the cycling computer and its sensors, making it the ideal solution for cycling.

POLARPERSONALTRAINER.COM

Add something extra to your ride by recording your training online. There's a range of training programs designed to guide and motivate you to a better workout.

- Create personalized training programs
- Follow your improvement with the training diary
- Transfer your training data wirelessly
- Challenge and get advice from other members

TRAINING LOAD AND RECOVERY TIME

Training Load tells the user conveniently at a glance on polarpersonaltrainer.com the cumulative training load for every day with color codes in the weekday headers. In addition, the cumulative training load can now be viewed as a graph, illustrating the time needed to recover to a certain level. The graph will also predict how the cumulative training load will develop based on the user's training plan, helping the user optimize timing for training sessions.

ACCESSORIES



CS SPEED SENSOR W.I.N.D.

CS speed sensor W.I.N.D. provides your real time, average and maximum cycling speeds with 2.4 GHz disturbance-free data transmission. The sensor comes with easy attachment and aerodynamic design.



CS CADENCE SENSOR W.I.N.D.

CS cadence sensor W.I.N.D. provides your real time and average pedaling rate as revolutions per minute with 2.4 GHz disturbance-free data transmission. The sensor comes with easy attachment and aerodynamic design.



POWER OUTPUT SENSOR W.I.N.D.

Power Output Sensor W.I.N.D. provides you with valuable cycling data such as your power output and pedaling rate. With the data you can perfect your cycling economy and technique. Sensor uses 2.4 GHz disturbance-free data transmission.



WEARLINK®+ TRANSMITTER W.I.N.D.

WearLink®+ transmitter picks up your heart's signals and transfers the data into a compatible Polar training computer. The soft textile chest strap seamlessly adapts to your body shape, bringing full freedom of movement to your training. With its hook mechanism, the transmitter is just as quick to put on as it is to take off.



POLAR LOOK KÉO POWER

Polar P5 power transmitters and LOOK Kéo clipless pedals comprise together state-of-the-art power measurement system integrated in the pedals. Easy to attach to cranks and switch between bikes, each pedal comes with eight embedded gauges for extreme precision in power measurement.



DATALINK

DataLink is a wireless data communication method between your training computer and Mac or PC, allowing you to analyze your training and track your progress at polarpersonaltrainer.com. Just plug your DataLink to a USB port on your computer and it detects your training computer in the room with the W.I.N.D. technology. With the convenient DataLink, you don't have to keep your training computer right beside the data communication device.

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PRODUCT SETS

BASIC

Polar CS500 Tour de France
WearLink® + transmitter W.I.N.D.
CS speed sensor W.I.N.D.
Dual Lock Bike Mount
User manual

CS500 TOUR DE FRANCE FEATURES

BODY MEASUREMENT FEATURES

Heart rate
HR-based target zones with visual and audible alarm
Manual target zone
Polar OwnCal® – calorie expenditure with altitude adjustment
Polar OwnCode® – coded transmission
Polar OwnZone® – personal heart rate zone
Training load – available via polarpersonaltrainer.com

TRAINING FEATURES

Graphical target zone indicator
Interval timers
Number of laps – 99
Reminders
ZonePointer

RECORDING FEATURES

Total training summary
Training files (with summaries) – 30
Weekly history – available via polarpersonaltrainer.com

ALTIMETER AND BAROMETER FEATURES

Altitude with graphical trend – available via polarpersonaltrainer.com
Altitude, ascent and descent
Temperature

CADENCE SENSOR FEATURES

Cadence

SPEED SENSOR FEATURES

Autostart/stop
Distance
Speed

POWER OUTPUT SENSOR FEATURES

Power

DATA TRANSFER

Compatible with Mac (Intel-based)
Compatible with polarpersonaltrainer.com
Possibility to transfer training files to ProTrainer 5 via WebSync

WATCH FEATURES

Date and weekday indicator
Display text in English
Time of day (12/24h)
User replaceable battery
Water resistant – IPX7

